

Hello,

Here are my recommendations regarding food allergies:

-to provide a nut/peanut free flight

-to ask passengers not to bring any food with nuts/peanuts like they do now in schools/daycares -  
to provide the list of ingredients in whatever is served on the plane ( for example, muffins/cakes  
are often served with no ingredients listed on the package) either on the package or in a booklet  
available to passengers -to provide new choices of meals when we reserve our flight in addition  
to diabetic, kosher, gluten free...to add seafood free ( which also means algae free, fishsauce  
free...)

-to provide training to all staff on board on allergies and the administration of the epipen and  
practice sessions on strategies to deal with a severe food allergy -to require passengers with food  
allergy to have an epipen

I am 64 and have severe food allergie. There has been a lot of improvement in recent years in  
restaurants and schools/daycaresfor example, but further work is required to provide accurate  
information and training as well as policies for, in the present case, Airlines

I thank you for considering my recommendations.

Carole Gendron